



care | compassion | companionship



Introduction to Simeon

Moving from your own home to a care home is a life changing event. Sadly this is often seen as the end of real life. But in Simeon we see it differently. We believe that the whole of a person's life has significance, meaning and purpose.

Our aim is to provide a home where the older person can find security, care and support. Simeon's philosophy of care is centred on upholding dignity and autonomy, building positive relationships, and sharing responsibility for decision making.

Simeon Care for the Elderly is the only Camphill community in the UK founded to provide companionship, personal and nursing care to older people. Simeon was established in 1984, seeking to pioneer care for older people in a mutually supportive community. Simeon is currently home to 17 residents and 12 co-workers. Together we create opportunities to give and receive, share our gifts and talents and so enrich our daily life. Our residents come from many backgrounds and places. Some come from the local area, attracted by the community lifestyle. Some have lived in Camphill communities as co-workers or residents with learning disabilities, while others have connections to Camphill through family and friends.

There are two households located in the beautiful grounds of Cairnlee estate in Bielside. Each house has rooms for eight or nine residents and four to six residential co-workers. Everyone has their own bedroom and use of communal areas including the kitchens and grounds.



"May you live
all the days
of your life."

– Jonathan Swift

Maintaining personal interests

We believe people find purpose through pursuing their interests and aspirations. We realise that what may seem a small matter to others could be of great importance to the individual. We believe it is important to get to know each person's cultural, social and spiritual needs.

There are opportunities to join in everyday activities: gardening, preparing meals, baking, laundry, washing up and setting the table. There are also organised artistic activities such as painting, crafts, singing and movement. Residents are supported to maintain links with local churches, clubs and study groups. Outings, concerts, plays, celebrating birthdays and seasonal festivals, along with other leisure pursuits create an active social calendar.

We enjoy the use of a purpose built hall for community events. We often join in festivities with our neighbours in Cairnlee House (a Camphill centre for young adults with learning disabilities) and other Camphill Communities in Aberdeen.

Families and friends are welcome to visit any time and to join in Simeon's rich and varied cultural and social life.



Health and well-being

Simeon's work is supported by the Camphill Medical Practice, and other local doctors. Residents have regular access to their choice of GP and the full range of NHS services. Their physical, emotional and spiritual well-being is further supported by therapies provided by other health and social care professionals, including the Simeon care team who are trained to use a range of prescribed natural remedies and treatments.

For most residents, Simeon is able to provide lifelong care, including nursing, palliative and end of life care.

The care team

Simeon is staffed and managed by professional and vocationally qualified co-workers. A core team of co-workers live in Simeon with their families, while others are employed and come in to work.

Simeon is further supported by dedicated volunteers both locally based and from all around the world. Mostly young people, they live and work in Simeon where they receive first class training in care of the elderly and experience life in a Camphill community. We believe that a community that includes people of different generations, cultures and abilities enriches all our lives.

Generous staffing levels and a commitment to training means there is time and skills to provide good quality person-centred care.



Funding

Simeon Care is a charity and the majority of funding for Simeon comes from residents' fees, which are met by state and local authority funds, charitable trusts and private funding.

The additional support of charitable donations and the efforts of our local 'Friends of Simeon' help us to provide more opportunities for an active and meaningful life.

Future developments

Demand for places in Simeon is high and there are plans in place to expand the facilities on Cairnlee estate. We enjoy working with others to develop our unique model of care and to expand our own capacity to care for older people. Future plans include care training and the development of our facilities to include the local community.



Getting in touch

Our distinctive way of life makes Simeon Care for the Elderly a remarkable and rewarding place in which to live and work. If you would like further information about Simeon please contact us directly. We welcome expressions of interest at any time.

Prospective residents and their family are warmly invited to contact us to arrange a visit with no obligation.

People interested in employed or volunteer positions are invited to phone or check the website.

For all enquiries:

Telephone: 01224 862415

Email: info@simeoncare.org.uk

Website: www.simeoncare.org.uk

Simeon is registered with the Care Inspectorate. To read our inspection reports go to:
<http://www.scswis.com/>



Simeon Care is a charity and is a member of Camphill Scotland, the Association of Camphill Communities and Scottish Care.



Camphill Communities

Camphill is the name given to the movement of international therapeutic communities founded by Dr Karl König, an eminent Viennese paediatrician. The first community was established in 1940, in Camphill House near Aberdeen, Scotland. Since that beginning, more than 70 years of pioneering work in community building and care for vulnerable children, young people and adults has resulted in over 100 communities in 20 countries.

To find out more about the work of Camphill in Aberdeen go to: **www.camphillaberdeen.co.uk**



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