



Simeon Care for the Elderly

Volunteer Visitor/Befriender

Purpose:	To gain practical experience and insight into the life of older people through participating in the life and work of the community.
Responsible to:	The shift Team Leader and Simeon Management team
Hours:	As agreed.
Length of service:	Flexible
Food & Accommodation:	N/A
Finances:	You will be responsible for your travel costs and all personal expenses during your time with us.

What will I be asked to do?

1. Provide companionship for elderly residents, supporting them to carry out activities e.g. going for walks, letter writing, playing games, hobbies etc.
2. Assist with preparing the dining room for meals, and serving at tea-breaks
3. Helping in the garden and grounds if required
4. Supporting community life . celebration of birthdays and festivals etc, being willing to offer and share interests, skills and talents for the enjoyment of others.

Training and Support

We will ensure you have a supervisor and community mentor to guide you in all your tasks. We will never ask you to do something you are not trained to do.

Qualifications & training: None needed

Age and Experience: You must be at least 16 years old. Some previous experience of care or social work with vulnerable people, and/or community living is desirable but not essential

Aptitudes: It is essential to have basic English language skills. You should be prepared to meet and get along with people from other cultures. You should be willing to learn and accept instruction from senior care team staff

Personal Qualities: A compassionate and caring nature, helpful and hard working, and a willingness to share your gifts and talents to enrich the lives of others. Some residents are very frail and ill and you may experience the death of one or more of our residents during your stay with us.

24/08/2017

Simeon Care for the Elderly, Simeon House, Cairnlee Road, Bieldside Aberdeen AB15 9BN