

**Residential Volunteer Co-worker
Care and Support Worker
Role Description**



- Purpose of Role:** To live in the Simeon community, supporting our elderly residents with daily personal care and meaningful activities to enhance their wellbeing and quality of life, sharing all activities of daily living.
- Responsible to:** The Team Leader and Simeon Management team
- On-Duty Hours:** About 42 hours a week in flexible shifts; 2 days off per week.
- Length of service:** One year preferred, a minimum of six months may be considered.
- Food & Accommodation:** Your own bedroom, and the use of the laundry, a kitchen, and communal areas. Most meals are taken together in the community.
- Finances:** A monthly allowance (£175) to cover reasonable personal expenses.

Key Tasks

1. Helping residents throughout the day with things they can no longer manage by themselves. This would include getting up and ready in the morning, tidying their rooms, having their meals, and carrying out daily activities like going for walks, shopping, letter writing, and hobbies. Supporting residents during evening activities after supper, and helping them to prepare for bed at night.
2. You will receive training in assisting residents with their personal care, and carry out these tasks under the guidance of experienced carers and nurses.
3. Helping residents to enjoy the garden and being in nature.
4. Supporting community life . celebration of birthdays, festivals and special events, being willing to offer and share interests, skills and talents for the enjoyment of others.

Training

Simeon provides a comprehensive induction in social care within the first 3 months of joining Simeon. This includes training in principles of care, first aid, manual handling, infection control, food safety and hygiene, and fire safety. In addition we may offer short specialist courses and talks on dementia, ageing and dying, other aspects of care, and Camphill and related subjects throughout your stay.

Qualifications & training: None needed

Experience: Some previous experience of care or social work with vulnerable people, and/or community living is desirable.

Aptitudes It is essential to have a good grasp of English language, be able to use a variety of communication skills, and be able to get along with people from other cultures. You should be willing to learn and accept instruction and be ready to share your gifts and talents to enrich the lives of others.

Personal Qualities A compassionate and caring nature, a desire to make people feel comfortable, respectful, considerate and sensitive to the needs of others, willing to take the initiative, flexible, adaptable, and approachable.